

# FOOD SAFETY AND FOOD HYGIENE FOR CATERING BASIC

( UPDATED TO INCLUDE COVID-19 INFORMATION AND CONTROLS)

TRAINING COURSE



SGS ACADEMY

## COURSE DESCRIPTION

The objective of this course is to provide learners with the knowledge and skills of food safety and food hygiene necessary to work within a catering establishment and to ensure that the premises complies with food safety regulations in the country where the business is situated.

**FACE TO FACE: 1 day**

**VILT: 8 hours**

## LEARNING OBJECTIVES

Upon completion of this course, learners will have a basic:

- Knowledge of food safety and food hygiene requirements
- Understanding of the importance of personal hygiene in the workplace
- Understanding of microbiological, chemical, physical and allergen contamination
- Interpretative skills to understand cleaning and how to clean effectively
- Knowledge of the risks associated with Covid-19 and how to minimise these

## PRIOR KNOWLEDGE:

Before starting this course, learners are expected to have the following prior knowledge:

- Work or have previously worked within a catering establishment
- Have a basic understanding of the correct ways of handling and storing foods
- Have a basic understanding of food safety and hygiene controls
- Have a basic awareness of the current situation and national controls in place with regard to Covid-19

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# COURSE CONTENT

## FOOD SAFETY AND FOOD HYGIENE

- Introduction to Food Safety and Food Hygiene – the definitions
- What is contamination / microbiological contamination
- Introduction to microbial contamination and its effects

## PERSONAL HYGIENE

- Requirements of personal hygiene
- Personal hygiene practices
- Staff facilities

## CHEMICAL, PHYSICAL AND ALLERGEN CONTAMINATION

- Definitions of all sources of contamination
- Causes of contamination
- How to prevent contamination

## CLEANING AND HOW TO CLEAN EFFECTIVELY

- Definition of cleaning
- Stages of cleaning
- Methods of cleaning and how to check the effectiveness of cleaning

## COURSE CERTIFICATION



Learners who pass the examination will be issued with a "Certificate of Successful Completion".  
Learners who do not pass the examination but have been in attendance for the full duration of the course will be issued with a "Certificate of Attendance".

## CONTACT SGS



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The SGS logo, consisting of the letters 'SGS' in a bold, sans-serif font, with a vertical line to the right and a horizontal line below.